



### Q: What makes the Mangosteen contained in VEMMA so special?

A: VEMMA's Mangosteen Plus is a powerful, bioavailable (body-ready) formulation containing 12 full-spectrum vitamins in a base of antioxidant rich, whole fruit Mangosteen (*Garcinia mangostana*) and pericarp, organic glyconutrient-rich aloe vera and decaffeinated organic green tea.\* This proprietary formula is quite possibly the most powerful liquid antioxidant product available anywhere.\* Independent laboratory tests show that Mangosteen Plus provides more beta mangostin and other mangostin xanthenes per ounce than the other Mangosteen products we've tested. Ounce for ounce, your body gets the most powerful levels of xanthenes and antioxidant protection available.

### Q: What is organic glyconutrient-rich aloe vera and why is it important?

A: Aloe Vera is a plant that originated in Africa and has been used for centuries because of its versatility and life supporting properties.\* It is comprised of several important constituents including beneficial minerals, vitamins and polysaccharides. In addition, glycobiology researchers have recently discovered that the aloe plant contains natural dietary sugars called glyconutrients. They work naturally to help the body perform many necessary functions including: healthy cellular communication and support for the body's defense mechanisms.\* Each bottle of Mangosteen Plus contains organic glyconutrient-rich aloe vera which adds such multi-faceted benefits that can only have a positive impact on one's daily dietary regime.

### Q: Why decaffeinated organic green tea?

A: Green Tea is well-studied and documented for its traditional use and healing ability.\* In addition to containing vitamins and minerals, organically sourced green tea possesses numerous compounds that have antioxidant and health-enhancing properties.\* One of the main compounds is the bioflavonoid catechin. It works both alone and in conjunction with other flavonoids found in the tea, and has both defense supporting and free radical scavenging properties. Decaffeinated organic green tea is added to VEMMA's Mangosteen Plus for additional antioxidant power.

### Q: Why Minerals?

A: Without minerals, vitamins cannot be absorbed. Scary fact, 98% of ALL diseases are linked to mineral deficiencies. So, minerals are pretty amazing! They're amazing because even in infinitesimal amounts these nutrients can produce unexplainable, beneficial changes in body chemistry.\* Minerals are nutrients required by the body to help facilitate a multitude of biochemical and physiologic processes necessary for the maintenance of life.\* Some of these processes include supporting the health of organs, bones, tissue and the immune system.\* Minerals are not synthesized in our bodies; therefore we must acquire them from outside sources.

### Q: Why Plant Source Minerals?

A: Because plant source minerals are from Mother Nature herself! Here's how it works: plants assimilate minerals from the soil they are embedded in and in the process, an amazing conversion that science has not been able to duplicate takes place preparing some of them for human consumption. Nature really intended for humans to get minerals from plant foods - lots of minerals. As a matter of fact, minerals can be found in nearly all foods that are grown in soil. Carrots, grapes, broccoli...you name it. The problem in this day and age is that food processing, chemical fertilizers and overused crop lands make it impossible to get a wide spectrum of minerals from our diets. We just aren't getting what nature intended. Nothing is more beneficial than a full range of plant source minerals sourced from deposits that are thousands of years old - it's like harnessing the power of nature!